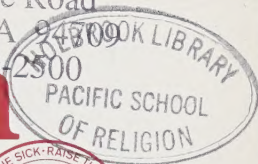


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# Christian Science Sentinel

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"What I say unto you I say unto all, WATCH."—Jesus

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Founded in 1898 by Mary Baker Eddy,  
 Author of the Christian Science Textbook,  
*Science and Health with Key to the Scriptures*



Marca Registrada

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# Christian Science Sentinel®

Marca Registrada

"What I say unto you I say unto all, WATCH." Jesus

## Where It's Happening

ERIC BOLE

Shakespeare knew where the significant action takes place. He wrote, "... there is nothing either good or bad but thinking makes it so."<sup>1</sup>

The same object that is a delight to one—such as an onion—is a horror to another. Our subjective mental states constitute our experience.

When the mistaken concept of the earth as flat held sway in human thought, it had a dominant effect upon experience. It caused people to be afraid of something they had no need to fear. It limited progress and restricted discovery. But the correct concept of the earth as round destroyed the fear and removed the limitation and restriction. The opening of the New World and its vast resources came not through changing the world but through replacing misconceptions with the true concept.

All human progress stems from the acceptance of improved



concepts—from a more correct or complete understanding of existence or a more intelligent perception of how to make or do things. This is borne out by the advances in engineering, communication, and transportation. These originated in improved thought.

An understanding of the origin and nature of thought itself has to be the most important contribution anyone has made to the progress of humanity. And this contribution has been made by Mary Baker Eddy through her discovery of the spiritually mental nature of all real being. In her scientific elucidation of her discovery our Leader writes: "There is no life, truth, intelligence, nor substance in matter. All is infinite Mind and its infinite manifestation, for God is All-in-all."<sup>2</sup>

The Science of Christ reveals that the power behind Christ Jesus' unsurpassed ability to heal and redeem mankind was his understanding that all true thought emanates from the Mind which is God, total good, and that in reality there is no other Mind.

What Jesus taught and demonstrated he learned from his Father Mind. He said, "As my Father hath taught me, I speak these things."<sup>3</sup> What Mrs. Eddy discovered and shared with mankind she learned from the same omniscient Mind. Mind includes and expresses all, and what Mind includes—all that is real, intelligent, harmonious, and lasting—is understandable to Mind's son or reflection, man.

Just as Columbus's conviction and proof of the roundness of the earth showed the material sense appearance of flatness to be false, so the understanding and demonstration of the oneness and allness of Mind reveal matter to be nothing but a misunderstanding of the presence of Mind. Just as the world has always been round, even when it was believed to be flat, so existence, though generally believed to be material, has forever consisted of Mind and its spiritual idea.

The thought that the world was flat was all there ever was to its being flat. And the thought that life, substance, and intelligence are material is all there ever is to their being material. Once it was understood that the world was round, the limiting consequences of belief in its flatness disappeared. There was no consciousness that believed in it as real, so it no longer terrified, discouraged, and confined mankind. In just the same way the scientific understanding

of the totally spiritual nature of Mind and its manifestation, man and the universe, deprives matter of its appearance of substance, life, and intelligence.

Mind reveals itself, through Science, as indestructible, eternal, and all-harmonious Spirit. Thus a growing understanding of the Science of being enables its students to exchange the mortal, discordant, limited, material misconception of existence for the immortal, harmonious, infinitely good concept, which is spiritual and real. Through our study of Christian Science we can progressively exchange the false belief that life, substance, and intelligence are material for the understanding that they are spiritual.

Our need is not to improve matter but to free our thought of the belief in matter as either bad or good, sick or well, dead or alive. Our need is not to attempt to change matter into Spirit, which is impossible, for the two are opposites, but to spiritualize thought. The demand is to keep on spiritualizing thought until thought and therefore experience are completely freed of the belief in the existence of a substance called matter that can be diseased, inadequate, uncontrollable, sinful, dead. The Discoverer and Founder of the Science of Mind writes: "The verity of Mind shows conclusively how it is that matter seems to be, but is not. Divine Science, rising above physical theories, excludes matter, resolves *things* into *thoughts*, and replaces the objects of material sense with spiritual ideas."<sup>4</sup>

The metaphysical system of healing as practiced by Christ Jesus and revealed in Christian Science does not involve the creating or recreating of the man made in the image of God. God's man is eternally perfect, complete, harmonious, and well. He is forever one with his all-harmonious Father Mind. Christian Science practice involves the realization and acceptance of the divine truth of man, and this truth redeems human thought from its erroneous, material misconceptions. It is always a false concept of man that causes suffering and that suffers. The right concept corrects the false concept and dispels the suffering.

The divine idea that heals and saves is the Christ, which imparts the spiritual understanding of God and man as divine Principle and idea. Through the activity of Christ, this corrective truth is now entering into many fields of human endeavor, slowly but surely



freeing thought of material illusions and their accompanying fears and restrictions.

This spiritual evangelization of human thought will continue until every last vestige of belief in the existence of material substance, life, and intelligence gives place to the truth of the allness of God—infinite, ever-present Spirit. Spirit and its spiritual ideas constitute all that exists in the realm of reality, the realm that Mind reveals.

Whatever the problems confronting mankind, whether they appear to be social, political, or physical, their permanent solution must be first of all worked out in thought. Only when thought is scientifically based on the spiritual fact that God, infinite, ever-present good, is the only Mind, the only creator of man and the universe, can mankind come into harmony with divine law. It was this law that gave Christ Jesus dominion over the waves, control over the wind, and that enabled him to destroy the false material beliefs of lack, sickness, disease, and death. Jesus demonstrated the supremacy—the allness—of Mind. He didn't resort to the use of matter in any of his wonderful demonstrations. He knew that all power is Mind, and that matter has power neither to create nor to destroy, to make ill nor to cure.

Inasmuch as we are each experiencing our own thoughts and their consequences, we each must work out our own salvation. If we don't like our private life, our home, our business, our church, our nation, or our world, we know where the change needs to take place; we know what needs to be changed. It's not what's outside that's the trouble. The work needs to be undertaken within. Through the understanding of Truth we need to purge human consciousness of its belief in an existence apart from God, the one divine Mind.

Divine Mind is where all reality is! Nothing exists outside the infinitude of the one all-inclusive Mind. "For in him [in Mind] we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring."<sup>5</sup> The one infinite Mind ceaselessly maintains its reflection, man, at the point of completeness and perfection, forever unfolding in man its infinitude of good, expressed in limitless, spiritual, all-harmonious divine ideas.

<sup>1</sup> *Hamlet*, Act II, scene 2; <sup>2</sup> *Science and Health with Key to the Scriptures*, p. 468; <sup>3</sup> John 8:28; <sup>4</sup> *Science and Health*, p. 123; <sup>5</sup> Acts 17:28.

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Man is governed by God, the only creator

# I Feel My Destiny Is...

MARION H. STEKOLL

You do not have to accept any forecast based on beliefs about destiny or fate. Because of a great and fundamental spiritual fact, you can completely reject any suggestion that fate has basis in reality. The fact is that God, Love, is the only creator.

In his true being, each of us, without exception, is the creation of God, Truth. Knowing this, we can free ourselves from fear of the future and experience the freedom that is rightfully ours. Since this freedom is God-imparted and God-empowered, nothing can truly interfere with our true and joyful destiny. As we are obedient to divine law, we can prove that no dire fate awaits us, and we can live free from fear.

Many of us may unwittingly suffer from beliefs about destiny. We may believe we are destined to attend a certain university attended traditionally by family members, or that we will inherit a certain vocation not of our choosing, or that we will always be poor, or that we will have a certain illness and die from an unavoidable cause at a predetermined time.

We may rightfully be concerned as to the destiny of all mankind, of a country, or of an individual. But perhaps the best place to start dealing with such concerns over destiny is with the individual, namely ourselves. We need to realize that we are not helpless mortals floating hopelessly on the sea of fate, having to accept what has been somehow predetermined. Clearly, such a viewpoint is incorrect.

When we turn to God and consider our relationship to Him through an understanding of Christian Science, our view of destiny changes completely. We come to realize the power and presence of God. This realization stems from the clearer understanding Science gives of His true nature. In the Christian Science textbook



Mrs. Eddy defines God as "the great I AM; the all-knowing, all-seeing, all-acting, all-wise, all-loving, and eternal; Principle; Mind; Soul; Spirit; Life; Truth; Love; all substance; intelligence."<sup>1</sup> And Christ Jesus states, "There is none good but one, that is, God."<sup>2</sup>

We are the creation of God; we have never been, nor can we ever be, anything else. Since God is good and all-powerful, we cannot logically accept the belief that we are victims of a capricious destiny. If we do, we must at the same time be denying the existence of God, good. We are denying that God is the only power governing our lives.

Right now we can begin to prove what our true destiny is as the creation of God. As Love's expression we must, in reality, be experiencing health, joy, love.

Many go through their daily lives with a waiting attitude. They await their destiny—for this or that to occur, or finally for death. This attitude is not necessary, nor is it right. We are with God now, just as much as we will ever be, here or hereafter. We are the expression of Love, of Life, of Principle, at this precise moment.

So we can think of our destiny as the demonstration of our present unity with God. We live in Love's encircling love, in eternal goodness and creativeness and progress. In reality we are always progressing, always moving forward in the understanding of Truth, in the joy of consciously being in God's presence. We do not need to wait for some event or change in order to live a full and fruitful life. Instead of putting off creative or fruitful activities until we see an improvement in fate or fortune, we can start them now. We are actually experiencing God's presence, power, and love now; we are enjoying our true destiny now.

We are free to live our lives to the fullest in the understanding that God's love embraces our being every moment.

<sup>1</sup> *Science and Health*, p. 587; <sup>2</sup> Matt. 19:17.



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# The Nothingness of Nothing

DORIS KING HILTON

How do you *know* the nothingness of nothing?

This question may come to thought when one considers Mrs. Eddy's statement in *Science and Health*, "The nothingness of nothing is plain; but we need to understand that error is nothing, and that its nothingness is not saved, but must be demonstrated in order to prove the somethingness—yea, the allness—of Truth."<sup>1</sup>

The recognition of evil's nothingness is a natural, logical consequence of acknowledging and accepting God's absolute allness. This is one of the key points of Christian Science, a point planted firmly on Christ Jesus' life and teachings. His knowledge of God, of his oneness with the Father, enabled him to demonstrate the nothingness of sin, physical sickness, and death.

How can we know God's allness? Christian Science makes a clear distinction between the testimony of the material senses and the evidence of the spiritual senses. Throughout the Bible, we find individuals who acted not from what they saw with their eyes but from what they saw spiritually through their understanding of God. Moses crossing the Red Sea; Elijah demonstrating God's provision in the years of drought; Elisha finding freedom when apparently trapped in a city surrounded by the horses and chariots of his enemies—such instances illustrate the saving action of spiritual sense.

When Elisha's servant could see nothing but the testimony of the physical senses, Elisha petitioned, "Lord, I pray thee, open his eyes, that he may see." The account continues, "The Lord opened the eyes of the young man; and he saw: and, behold, the mountain was full of horses and chariots of fire round about Elisha."<sup>2</sup>

Through spiritual sense we may see the allness of God so thoroughly that the nothingness of evil becomes apparent. Or we may see how ridiculous the claims of matter are and thereby accept

God's allness. In either case these points must coincide. To the degree we truly understand God's allness, evil disappears from our lives; and the more clearly we perceive the complete nothingness of any particular phase of error, the more we prove God's allness. Mrs. Eddy asks, "What is the cardinal point of the difference in my metaphysical system?" And she answers, "This: that *by knowing the unreality of disease, sin, and death*, you demonstrate the allness of God."<sup>3</sup>

How do we actually know the nothingness of nothing? That is, how does its nothingness become apparent? This question taunted me at a time when I saw a small growth on my neck every time I looked in the mirror. One morning as I asked this question, the answer came like this: "Only the physical senses tell me that I see or feel a growth. The spiritual senses tell me I am what God made and knows me to be—the reflection of His attributes, spiritual and perfect. Now, I can go on denying this belief forever, but if I'm denying it as something, I'm just counteracting my own prayer. On the other hand, if I'm actually seeing, realizing, the nothingness of that which God never made, then what He made me to be must be visible, tangible. All I can truly see is the somethingness of what is real and true."

The joy of this recognition brought laughter, and laughter deflates matter's blown-up pretense to be real. For several days after this line of reasoning had come I declared emphatically and sometimes audibly whenever the picture of a growth presented itself: "What I am *seeing* is the nothingness of this lie. And if I am really seeing and feeling its nothingness, I must also be seeing the somethingness of the good that is truly present—the reality of good must be visible, tangible to me."

During this time I was also endeavoring to express more Godlike qualities, such as confidence, persistence, patience, and gratitude. It wasn't long before the nothingness of this false belief was demonstrated. The growth dried up and fell off; and it was with great joy that I was able to testify to the healing at a Wednesday evening testimony meeting in a branch Church of Christ, Scientist.

Through the ages mankind has struggled with what appears to be the gigantic problem of Truth versus error, good versus evil,

Spirit versus matter. Christian Science has revealed to this age that God, good, Spirit, is All, and that the only logical conclusion to be drawn from this fact is that error, evil, and matter are nothing.

The prophet wrote of God centuries ago: "I am God, and there is none else."<sup>4</sup> When we discern the allness of God, we demonstrate the nothingness of anything else; likewise, when we really know the nothingness of anything unlike God, good, we prove the absolute truth of His allness to be visible here and now.

<sup>1</sup> *Science and Health*, p. 346; <sup>2</sup> II Kings 6:17; <sup>3</sup> *Unity of Good*, pp. 9-10; <sup>4</sup> Isa. 45:22.

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# Spiritualized Thought Promotes Moral Healing

WAYNE M. MALONE

God, Principle, creates man in His own likeness. Spiritual man, therefore, is created whole and harmonious. Through natural, divine law he reflects the divine perfection of God, Spirit. Moral courage to take a stand for man's purity and perfection can be demonstrated through understanding and obeying the law of divine Principle.

If you were asked to steal or perform an act of deliberate fraud, your natural reaction would probably be an emphatic "No!" Wanting to treat others as you would have them treat you, you could reject the temptation to perform an unkind deed or an unnatural, immoral act of any kind. Through the application of spiritual laws rooted in divine Principle, whereby Spirit, God, makes thought receptive to good, you can demonstrate moral health and the truth, or Science, of being.

There is no real attraction in evil, since God is good and man is made in God's image. "No man can serve two masters: for



either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon.”<sup>1</sup>

Christ Jesus, the Way-shower, also commands us, “Be ye therefore perfect, even as your Father which is in heaven is perfect.”<sup>2</sup> This is not an unrealistic demand but a necessary, liberating one. For as you purify the motives of your heart, you begin to see the perfection Jesus speaks of as the natural quality of your individual, spiritual selfhood—the pure reflection of divine Principle. You advance Spiritward, being reborn and leaving the discord of the past behind. Lust and other false desires are put aside. Sin, forsaken and not to be repeated, is truly forgiven. Spiritual identity, established on the rock of Truth, Principle, is expressed in your living and is manifested in moral health and spiritual well-being.

Sometimes testing times teach us the truth of Mrs. Eddy’s statement: “The enslavement of man is not legitimate. It will cease when man enters into his heritage of freedom, his God-given dominion over the material senses.”<sup>3</sup> Experiencing such true freedom in daily living, we naturally grow in spiritual stature and become renewed—made whole in Spirit.

A young man, enslaved by a habit of promiscuity, suffered a nervous breakdown. Praying scientifically for healing over a period of several years, he relied solely on divine Principle to guide him to healing. Basing his thought on the Principle of divine perfection, he claimed his true identity in Spirit, and the mesmerism of false attraction was soon broken. Consecrated prayer and study led eventually to complete healing, which proved to be a landmark in his spiritual growth. The moral healing led to a better understanding of spiritual reality (as does every healing), evidenced by other demonstrations of Truth, such as becoming a better, more honest, and more fit church member.

When we gain a correct understanding of the nature of God’s man, as revealed through divine Mind’s spiritualizing of thought, we are able to discern and demonstrate the fact that cause is wholly spiritual and spiritual man is its effect. In these ways spiritual understanding evidences divine Principle in action.

The high standard of Christian Science requires its adherents to

be obedient to the moral law as outlined in the Ten Commandments and the Sermon on the Mount. This law represents in human affairs the order of divine Principle. It is not restrictive but liberating in every sense of the word. It is wholesome, upright, and spiritually pure. Furthermore, moral freedom and purity enrich and bless all mankind. In seeking a healing of morals it is wise to remember Mrs. Eddy's important counsel: "Emerge gently from matter into Spirit. Think not to thwart the spiritual ultimate of all things, but come naturally into Spirit through better health and morals and as the result of spiritual growth."<sup>4</sup>

Casting out sin is a moral requirement that everyone should strive to fulfill, so as to be rising higher in the demonstration of Life, Truth, and Love. Inner conflicts and wrong desires (including lust and belief in the need for the habits of profanity, smoking, and social drinking) can all be resolved and permanently healed by applying the law of divine Principle to meeting the moral obligations of church membership.

The third of Mrs. Eddy's six Tenets of Christian Science (all of which are signed by those uniting with The Mother Church) states: "We acknowledge God's forgiveness of sin in the destruction of sin and the spiritual understanding that casts out evil as unreal. But the belief in sin is punished so long as the belief lasts."<sup>5</sup>

Do you need to demonstrate purer morals? As a seasoned student of Christian Science or as a newcomer, are you unhappy with your present life-style? Are you striving to live up to the standards of Church, of Truth and Love? If so, you can be assured that when you gain sufficient understanding of what your relationship to God, Spirit, actually is and claim this dominion, based on divine Principle, for yourself, the healing power of the Christ, Truth, will be revealed in proportion to that understanding.

Through deep study of the Bible, the Lesson-Sermons (published in the *Christian Science Quarterly*), and the writings of Mrs. Eddy, you can be confident that increased spiritualization of thought will guide you naturally in each advancing step until moral healing is complete. Then you will discover that the divine Mind, God, directs and unfolds the way to genuine Life, Truth, and Love, through the law of divine Principle.

Align your thoughts with this perfect law, and claim your spiritual identity through it, now! Your reward will be total liberation from unwanted bondage, and your advancement Spiritward will be unlimited; for Spirit, indeed, does attract, and it heals all moral blight. Gratitude and spiritual growth will be your recompense. Your keen awareness and heightened understanding of spiritual reality, reflecting only the good and true, will be enhanced. And your life-style will become one of true freedom and pure joy, honoring divine Principle, Love.

<sup>1</sup> Matt. 6:24; <sup>2</sup> 5:48; <sup>3</sup> *Science and Health*, p. 228; <sup>4</sup> *ibid.*, p. 485; <sup>5</sup> *ibid.*, p. 497.

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### **"BE STILL, AND KNOW"**

In the still and limpid pool of Godlike knowing  
I bathed,  
and cleansed of turbulence and fear,  
I stepped forth healed.

The healing came when, deep in rapt communion,  
I saw that God in uninvaded stillness dwells.  
No self-willed drive exists in Him,  
no jarring, headlong rush—  
only the boundless, healing quiet of reality.

O restless one, dwell only in this tranquil moment!  
Immerse yourself in holy peace.  
Sink deep in it—  
see unlabored Being holding you and all  
within the warmth and rest of its embrace.

You, too, will come forth healed.

ALAN A. AYLWIN



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# The Irresistible Christ

JUDITH H. HEDRICK

As a small leaf that has fallen into a stream is tossed and carried toward the sea, so it appears mankind is helplessly governed by material forces through the brief journey of mortal life.

But man, as he is revealed in the Bible and the writings of Mrs. Eddy, is really spiritual, governed entirely by God, divine Mind, and is inseparable from the holy currents of Truth. Mrs. Eddy writes, "The Scriptures inform us that man is made in the image and likeness of God." Further on she continues, "The real man cannot depart from holiness, nor can God, by whom man is evolved, engender the capacity or freedom to sin."<sup>1</sup>

Man was formed with neither the ability nor the freedom to be pulled contrary to omnipotent spiritual good. The power that claims to pull mankind contrary to God—Life, Truth, and Love—is termed animal magnetism by Mrs. Eddy. Animal magnetism or the mesmeric suggestions of the carnal mind would lead us to believe both that we are separated from God and that the supposed material laws of sin, sickness, and death can prevent us from awakening here and now to our unity with Him.

We are freed from these suggestions through the action of the ever-present Christ. This spiritual manifestation of God penetrates and permeates darkened human sense with the eternal light of Truth. Evil is destroyed through the currents of divine Science, bringing us the Christly understanding that is conscious only of God, good.

The healing power of the Christ has been fully revealed in Christian Science. Despite subtle suggestions of the carnal mind, the Christ transforms the human picture, breaking through the false material sense of man and instantaneously healing sickness and sin. Materiality is incapable of separating man from God. There is no attraction other than that of omnipotent Spirit.

There is no material intelligence or life to misdirect or misgovern. God is the only Mind, and man is the eternal expression of Mind. No power exists apart from God. Therefore, there is nothing to interfere with or block the activity of Christ. "Mind is the source of all movement," Mrs. Eddy writes, "and there is no inertia to retard or check its perpetual and harmonious action."<sup>2</sup>

On many occasions Jesus proved the power of the Christ to overcome this claim of material resistance and to liberate human thought through the divine activity of Love. Christ Jesus recognized that one power alone attracts. He declared, "And I, if I be lifted up from the earth, will draw all men unto me."<sup>3</sup>

The Christ is the only actual force drawing mankind today. A radical statement? Yes, but the absolute fact remains that God, omnipotent and omnipresent good, is the only reality, the all-inclusive Truth. The very fact that Truth is all-inclusive points to its irresistible attraction.

As we awake to the unreality of matter and mortality, as we recognize the emptiness of their promises, we know we can never truly be governed by them. We know we are always being drawn by the Christ to Truth and that this attraction alone is inevitable. Our lives are illumined by the Christ in moments of spiritual awareness—moments of peace, joy, harmony, and holiness. The Christ impels us to awaken to spiritual reality.

Saul of Tarsus persecuted the followers of Christ Jesus. But as he journeyed toward Damascus to continue his persecution there, "suddenly there shined round about him a light from heaven: and he fell to the earth, and heard a voice saying unto him, Saul, Saul, why persecutest thou me?"<sup>4</sup> This light, this illumination of divine understanding, transformed his life. He was being impelled by the Christ, Truth, to serve God. While we may not all be Pauls, we are all being impelled heavenward by the divine law of spiritual attraction.

Mind is the only creator and power; there are no currents of suffering, sin, and death to pull us down. The Christ breaks through darkened human perceptions and reveals man forever one with divine Mind, with Life, Truth, and Love, incapable of departing from holiness.

<sup>1</sup> *Science and Health*, p. 475; <sup>2</sup> *ibid.*, p. 283; <sup>3</sup> John 12:32; <sup>4</sup> Acts 9:3, 4.

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# Fact or Fantasy?

WAYNE D. TODHUNTER

A man who liked to watch parades always took an orange crate along. When his view of the parade became obstructed, he simply stood on the crate and saw everything that was going on.

Spiritual truth works in our lives like that man's orange crate. It lifts us higher. But we have to be willing to use it and to depend on it.

Fear is a common obstacle for many of us. Fear of sickness, of failure, of uncertainty. A material point of view is the basis of fear, which points to our need of an "orange crate" solution—a higher view. A material starting point does not allow us a correct view of reality. It produces fantasy as opposed to fact. It produces an inaccurate and often discordant concept of creation. Creation, properly viewed, is spiritual, harmonious, and infinite.

To recognize ourselves as the real man, made in God's likeness, we need to express the spiritual nature of the true creation in intelligence, wisdom, beauty, love, and other Godlike attributes. None of the qualities of God exposes us to anything we need fear. On the other hand, nobody wants to settle for limitation and discord. Though these seem to be a part of human life, they are part of the fantasy, or dream, that life is material. This lie can be faced and progressively dismissed by Christian Science.

We do this—we correct our perspective—by affirming the spiritual truth Christian Science reveals. It lifts up our thought to the eternal fact that God made all things good and there is no good thing He did not make. As the Bible clearly states, "All things were made by him; and without him was not any thing made that was made."<sup>1</sup> And in *Science and Health* Mrs. Eddy makes a similar point: "There is but one primal cause. Therefore there can be no effect from any other cause, and there can be no reality in aught



which does not proceed from this great and only cause.”<sup>2</sup> When we lift our thought to this spiritual truth, afflictions, fears, and difficulties begin to lessen and lose their hold on us. It is as if we could see beyond the wall of fantasy to the fact, or truth, of what is really going on in the kingdom of God, the only creation there is.

A man who had been struggling with a painful condition severely hampering his activity became fearful he would not be healed of it. Turning to Christian Science for help, he discovered that impatience had been bothering him for a long time and that the pain was more severe when his impatience increased. He had allowed many trivial things to irritate him. He now resolved to improve his disposition. He saw that impatience and irritation are falsities, not to be indulged in. The omnipresence of God’s love precludes all possibility of these destructive emotions being in God’s children, made in His likeness. God’s children are loving and lovable, he reasoned, and as God’s child, so was he. How could the fantasy of fear and impatience be real where all is divine Love and its expression?

As he thought along these lines, he very soon felt himself becoming more forbearing, and as this came about, his fear began to lessen and lose its hold on him. He came to understand that the law of divine Principle is always operating to keep harmony, happiness, and freedom expressed, and that because Principle is in control his fears were without cause. As he found himself free of fear and irritation, the pain ceased. He was healed.

No human problem is solved by entertaining a fantasy. We need to see and understand the truth—what is really going on. Lifting thought above the difficulty to divine Principle, we can discern that all that has ever really happened in the past, as well as all that is really happening in the present, is under the control of Principle, God, and will ever so continue. We don’t have to believe what isn’t true. When we know we’re really Love’s idea, Truth’s children, we cannot continue believing in the fantasy of fear, impatience, or any other mortal emotion that carries only misery to the one who believes it.

When we know the divine fact and stick to it, we become invulnerable to suggestions of fear and impatience. We become more lovable and more loved as a result. We meet and handle fear with

the truth that rules it out of our thought as we realize that God has made nothing that can fill us with fear. He has already filled us with love.

Love governs our entire being, and it does not include an element of fear. We live in divine Love. We don't live in some realm of human will, doubt, and fear, outside the realm of perfect Love. The Bible assures us, "There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love."<sup>3</sup>

As we come to understand Love and Love's creation fear disappears. We make this practical by seeing ourselves as perfect in Love. We are perfect ideas of God, expressing the Christ ideal, spiritual being. We are abundantly, completely loved by our Father-Mother God, the source of all creation, and it is natural for us to know it.

Seeing the spiritual reality clearly enough lifts us above the barriers and false beliefs of a material, mortal, and discordant world apart from God. We no longer find ourselves to be mere victims of human existence. We control our lives by letting divine Love control us. Our lives overflow with God's love for us and for all creation, so that the suggestions of fear and impatience no longer touch us or dominate us. Such control enables us to love God more and to see how loved we are as God's fearless children.

We have crossed over the wall of fantasy into the harmonious realm of fact.

<sup>1</sup> John 1:3; <sup>2</sup> *Science and Health*, p. 207; <sup>3</sup> I John 4:18.

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## PRACTICE

No matter what we seem to be  
materially  
we all must strive to learn to see  
spiritually  
and prove Love makes man healthy, free,  
eternally.

THELMA HILL WARD

# The Comfort That Heals

FRANCES L. GREIG

Every human heart is yearning for love and comfort in one form or another. Yet, even when we are endeavoring to watch our thoughts and keep them in accord with Christian Science, we may overlook the need for tenderness, compassion, and a desire to comfort others. We may slip into just making cold, scientific statements of Truth. Christ Jesus, on the other hand, lived love. And he commanded his followers to "love one another."<sup>1</sup> Christian Science teaches that to bring healing, the letter of metaphysics needs to be accompanied by selfless love and compassion, the spirit and inspiration of the Christ.

It is often right and necessary to make clear, firm statements of Truth when talking to someone wanting and needing healing. But even at these times it is well to give some tender word of comfort. Mrs. Eddy writes in *Science and Health*, "The tender word and Christian encouragement of an invalid, pitiful patience with his fears and the removal of them, are better than hecatombs of gushing theories, stereotyped borrowed speeches, and the doling of arguments, which are but so many parodies on legitimate Christian Science, aflame with divine Love."<sup>2</sup>

One may have the desire to comfort and yet fail to do so despite the compassionate love in his heart. What else is needed? The spiritual discernment and wisdom that enable one to understand where the individual is mentally—what his particular need is, what he is ready for at that moment. Then one knows where and how to reach him and comfort him.

In the parable of the good Samaritan, Jesus tells of a man who was left wounded at the side of the road. Others had passed by on the other side. But the good Samaritan went to him where he was. He discerned the man's thought and so was able to touch it with



love and compassion and comfort him, at the same time doing the practical thing.

But to bring the comfort that *heals*, still more is needed—namely, the ability to dispel the illusion of discord and replace it with spiritual reality. This demands that we live the Christly qualities: honesty, selflessness, generosity, forgiveness, *love*. For only through such Christliness do we reach the point of understanding where we can discern and uncover error and perceive its nothingness, and know and see what is true.

The love that comforts and heals is not personal and emotional but spiritual, impartial, and universal. This is the love we reflect from God, the impartial love that loves simply because it is love and sees everything as God created it, lovely and beautiful and worthy of God's love.

We read that once when Mrs. Eddy mentioned to some of her students the great need of love, one of them asked, "Do you mean love of person?" And Mrs. Eddy answered, "No, I mean love of good."<sup>3</sup>

We must have this love if we are to practice and develop the art of comforting. We must have it if we are to heal and keep healing—and so help the Church of Christ, Scientist, to comfort and heal the world.

How buoying it is to realize that as you and I express the Christ-spirit, we can bring comfort and healing to a troubled world! The Comforter, which Jesus promised would come, is, of course, not a person but divine Science. It comforts in every situation: in sorrow, sickness, lack, loneliness. Every problem can be solved by turning to this Comforter, this Science of Christ, which consists of the laws of God and manifests the spirit of the Christ.

<sup>1</sup> John 13:34; <sup>2</sup> *Science and Health*, p. 367; <sup>3</sup> *We Knew Mary Baker Eddy*, First Series (Boston: The Christian Science Publishing Society, 1943), p. 84.

joy daniel

# It Isn't You!

Barbara Jean White

A reprimand, followed by hurt feelings and a slamming door. Onlookers say, "She's a temperamental teen-ager." "He's got a temper like his dad." "A very sensitive young lady." Sound familiar?

When this role has been enacted enough times, people begin to expect us to react in this way. But I've been this route and have news for you. We don't have to act out the scene. We don't have to live up to the mental patterns or labels. Labels identify products, not people. We can say confidently, "I'm not like that!"

One summer day my daughter and I were relaxing on the beach. We had just finished reading the Bible Lesson from the *Christian Science Quarterly*. Both of us questioned the meaning of Paul's statement in his letter to the Christians in Rome, "For

the good that I would I do not.”<sup>1</sup> My daughter said, “When I was little and my feelings were hurt, I’d run into my bedroom and crawl under the bed. One day I discovered I couldn’t fit under the bed, so I sulked in the closet.”

“Did it make you feel better?” I asked.

“Not at all,” she answered. “I knew I really didn’t want to act that way.”

So I questioned her, “What is it that prevents us from yielding to the truth? Let’s expose the lie.”

“Well,” she said thoughtfully, “I didn’t want you to think your prayers could change me.”

“But only God could affect you! And His will is always good. Prayer is letting God’s will be done. False pride would hold on to evil—do the work of human will. That false pride surely isn’t you.”

What else isn’t *you*? Certainly sulkiness, sensitivity, and anger are not the reflection of a totally good God. Sulkiness is selfishness. Pride clings to personality, a belief that good and evil blend as a personal selfhood or identity. But good and evil are opposites that can’t blend. It’s impossible to have discord and harmony at the same time.

In the same way a lie is the opposite of the truth. Reversing the lie about man results in seeing the individual’s true selfhood. Where anger appears to be shouting loudest, there is in reality the calm and control of divine Mind. Where touchy, irritable sensitivity seems most obvious, there is the amiable nature of Love. We don’t ignore the facts; we understand what’s really true, and this results in healing.

If peace and harmony are the fact, then why is change necessary? Let’s suppose a clock shows one o’clock while the time is really five. We change the hands on the clock—or we’ll find ourselves out of step with the entire universe! We correct the lie to bring thought in line with what is true. Thought yields to harmony, eliminating confusion and discord.

When faced with a choice, couldn’t we honestly admit we don’t really want to act contrary to God? The Apostle Paul continues in his letter to the Romans, “For I delight in the law of God after the inward man.”<sup>2</sup>



This might suggest that man is two—inward and outward, spiritual and material. But man is one. The words *idea*, *image*, *spiritual*, define the only man, that which is unseen to material sense but is a vivid part of God's creation. In the first chapter of Genesis this man, created in God's image, male and female, is characterized as "very good." A radiantly good man reflecting a gloriously good God; all the qualities of God's goodness compounded to comprise His infinite expression.

Man is never even partly matter; and matter in whatever form—drugs, alcohol, tobacco, astrology—will never enable us to change dispositional traits or find our true identity. These things are a cover, a justification, a control that perpetuates and worsens the lie that man is material. The change must come in thought. How quickly a right thought displaces a wrong thought!

The Discoverer and Founder of Christian Science, Mary Baker Eddy, writes, "Know, then, that you possess sovereign power to think and act rightly, and that nothing can dispossess you of this heritage and trespass on Love."<sup>3</sup>

Love motivated every act of Jesus. He was identified by the Christ he expressed, by healing, by feeding multitudes, by his works, which exemplified his words. He never sought nor claimed an identity separate from his Father, God, the source of his thoughts and deeds. Christ Jesus showed us the way. He said, "The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise."<sup>4</sup>

Resentment, criticism, and condemnation can offer no obstacle to our unfolding individuality. God requires the past. When we learn from it, we grow out of it. What is there to condemn? An unpleasant disposition is not a person, it's a lie. As we become sensitive to good alone, we respond only to Love's motivation. Anger, sensitivity, and resentment are left without incentive; therefore they are nothing.

In this disposition, we have the natural tendency to act with the grace of Soul, the consistency of Mind, the control of Principle, and the warmth of Love. Your identity is forever. Why not claim it now?

<sup>1</sup> Rom. 7:19; <sup>2</sup> v. 22; <sup>3</sup> *Pulpit and Press*, p. 3; <sup>4</sup> John 5:19.

# Editorials



GEOFFREY J. BARRATT  
Editor

NAOMI PRICE  
Associate Editor

NATHAN A. TALBOT  
Associate Editor

## Safety in the Air

Safety is as readily accessible to us in the air as it is anywhere else.

Safety is not found merely in sophisticated technology and in the refining of methods and procedure. It is discovered in the spiritual understanding of real being—the eternal oneness of perfect God and perfect man. This understanding supplies the missing link exposed in a magazine article about an aircraft accident: “[It] served as a reminder that modern man, such an assumed master of technology, will never be able to control perfectly the wondrous machines he creates.”<sup>1</sup>

Christian Science shows us how to prove that God—who governs His spiritual universe—controls and directs everything, everywhere, that truly exists. Through the Christ—the healing action of divine Truth—we can deepen our apprehension of this fact, and broaden its practical application in human experience. And through the power of the Christ the protective effect of our spiritualization of thought will extend to our family and associates, and have a universal effect.

*Science and Health with Key to the Scriptures* outlines a situation that makes a point central to our theme. Mary Baker Eddy, imagining a boat in a storm, writes: “We ask the helmsman: ‘Do you know your course? Can you steer safely amid the storm?’ He answers bravely, but even the dauntless seaman is not sure of his safety; nautical science is not equal to the Science of Mind.”<sup>2</sup> Nor is aeronautical science equal to the Science of Mind.

This metaphysical Science shows us how to replace material ap-

pearances with spiritual realities. In the case of flying, many factors appear to be important to the safety of aircraft and passengers: the alertness of air-traffic controllers, the maturity of pilots, the adequacy of equipment both on the ground and in the air, the precision of navigation. Some phases of the flight are considered to be more critical than others.

Each of us can help increase air safety still further through admitting spiritual facts and rejecting physical appearances. How does this replacing action help? By bringing to light in human affairs the operation of God's law of harmony, perfection, and allness. Then the human appearance coincides more closely with the perfection of divine reality. Knowing that spiritual law supersedes so-called physical law, and proving this in individual experience, we find communications functioning more efficiently and safely. (For such a proof, see the testimony on page 1061.)

As we adopt a spiritually scientific perspective—the standpoint native to Christ Jesus—God is seen as Spirit and man as Spirit's expression. Divine Spirit is never frail nor fragile, nor is Spirit's image. Man, in addition, lives and acts in Spirit and hence, in his true spiritual estate, is never in a fragile or frail environment, never enclosed in a destructible physical body nor a destructible material conveyance. "Man is deathless, spiritual," Mrs. Eddy affirms. "He is above sin or frailty. He does not cross the barriers of time into the vast forever of Life, but he coexists with God and the universe."<sup>3</sup> This truth is basic to enhancing aviation safety as well as to extending health and concord for all of mankind.

All anxieties, delays, inconveniences, come from a false sense of identity—from a sense that man is a tiny speck, more or less helpless in an overwhelmingly huge universe of matter, space, and time. Man, in Christian Science, is the infinite idea of boundless Spirit and hence coexists with—co-lives with—immortal Spirit. We can be clear about this fundamental point—perhaps especially so as we travel, when our sense of a material environment and of material movement may be intensified and excited.

Whether we're flying or not, it's tremendously valuable to question ourselves along these lines: What's my altitude of thought, how far above matter is it, and how far into the atmosphere of Spirit? Is the departure point of my reasoning fragile physicality



or the truth of the presence of Spirit and of Spirit's idea? Is my destination the wholehearted admission of Spirit's allness? Is my goal to ascend beyond all beliefs of mortal personality? What am I admitting as the navigator of my thought and life—material sense or spiritual sense?

"In God I have put my trust,"<sup>4</sup> the Psalmist tells us. When flying, where—first and finally—do we place *our* trust? Are we merely relying on highly developed equipment and human skills to assure our security? Ultimately, the significant point is not the captain's decades of experience but the extent of our spiritual realization of the basic facts of being, of immortal Life and invulnerable man. Through the Science of Mind we can always be sure of man's place, his safety and peace. We can see that there are no miscalculations or mishaps in immortal Mind. And immortal Mind and its expression comprise all true existence.

Metaphysical reasoning, or prayer, should not, ideally, be prompted by fear of accident—no matter how remote—or of delay. It should be engaged in for the sheer satisfaction of the intelligent joy that affirming the healing truths of God and man always brings.

The following ideas from Mrs. Eddy, pondered and practiced, unlock boundless truths relevant to flying and to our overall spiritual growth: "The atmosphere of mortal mind constitutes our mortal environment. What mortals hear, see, feel, taste, smell, constitutes their present earth and heaven: but we must grow out of even this pleasing thralldom, and find wings to reach the glory of supersensible Life; then we shall soar above, as the bird in the clear ether of the blue temporal sky."<sup>5</sup>

GEOFFREY J. BARRATT

<sup>1</sup> *Time*, April 11, 1977, p. 22; <sup>2</sup> *Science and Health*, p. 67; <sup>3</sup> *ibid.*, p. 266; <sup>4</sup> Ps. 56:4; <sup>5</sup> *Miscellaneous Writings*, pp. 86–87.

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# The Sign of Immanuel

How can we know when the Messiah, or Christ, has come? The Bible promises we will see signs that are undoubted proof of God's presence—signs of healing.

Christ is the true idea of God, and Jesus typified this perfect spiritual idea on earth. The Master not only spoke of the divine nature of the creator of the universe, who made man in His image, but he lived in accord with it. Through his sinless, gracious, loving nature he represented on earth God's ideal reflection as fully as any human being can. He set an example for mankind and promised that if others followed him they would overcome, as he did, the limitations and discords of the world. They would be able to prove the presence of harmony and well-being for others as well as for themselves.

Jesus' whole life was a sign of Immanuel, "God with us"; and so may ours be if we follow his example. A natural outcome of such proof as he gave of the presence of God is, in all ages, healing—healing of character faults, mental and physical discords, lack, and despair. Any condition other than that produced by God, good, is destroyed when the divine nature is recognized as present. When evil is dissolved through the Christly consciousness and expression of divine Life and Love, the power of eternal Principle to correct mortal injustice and lawlessness is proved supreme.

To prove he was the Messiah, the Master referred to the cures resulting from his ministry. When John the Baptist's disciples asked him, "Art thou he that should come, or do we look for another?"<sup>1</sup> he pointed to his healing works as undoubted proof. He expected them to acknowledge these as signs of God's powerful presence—signs of Immanuel, "God with us."

Today, as we hear and read of the sick in mind and body being healed through Christian Science, we can safely accept these cures as likewise being signs of Immanuel—of the presence and activity of God and of His Christ, or true idea, in human consciousness. The alert and discerning thinker may also see signs of healing in

the wider context of world thought. As we read the mental signs of these modern times, we must surely feel confident that they are evidence of the activity of the Comforter. Limitations of the carnal mind are being overcome. Barriers of time and space are being broken down. Significant progress is evident in clearer views of the nature of God, demands for higher moral and spiritual values, recognition of the healing power of God's Word.

Referring to physical healings, Mrs. Eddy says in the Preface of *Science and Health*: "They are the sign of Immanuel, or 'God with us,'—a divine influence ever present in human consciousness and repeating itself, coming now as was promised aforetime,

To preach deliverance to the captives [of sense],  
And recovering of sight to the blind,  
To set at liberty them that are bruised."<sup>2</sup>

Every healing sign of Immanuel is an indication of the eternal presence of God's perfect universe. It delivers us from the belief that there is another—an evil—power and presence. The ideas God created—man and woman in His image—are always spiritual and perfect. They are whole, governed by divine law, harmonious in every action and function of their being. They never fall below the standard of perfection set by God, divine Principle.

These divine facts, discerned through spiritual sense, bring healing light to human consciousness. This divine light dissolves the darkness of ignorance and false belief imposed by the carnal mind—the devil, or evil. It liberates humanity from the mesmeric influence that seems to produce diseased and discordant conditions upon the lives and bodies of unsuspecting and often quite innocent people, leaving them free to enjoy the harmony God gives.

The action of the Christ, God's true idea, is penetrating—devastating to the erroneous beliefs of the carnal mind, which it utterly annihilates. Christ Jesus said he did not come to bring peace "but a sword,"<sup>3</sup> and he referred to the afflictions that would come upon the earth before the mesmerism of worldly beliefs would end. False, material belief is so firmly entrenched in mortal thought that it is not always destroyed without a struggle.

We need not fear any disturbances that may seem to accompany Truth's stirring and dissolving of mortal belief. Our Leader, Mrs. Eddy, exposes the essential nothingness of these disturbances. She

writes, "The breaking up of material beliefs may seem to be famine and pestilence, want and woe, sin, sickness, and death, which assume new phases until their nothingness appears." And promising discord's certain end, she writes, "These disturbances will continue until the end of error, when all discord will be swallowed up in spiritual Truth."<sup>4</sup>

But even while these disturbances seem to be taking place we can—through understanding the law of Love in Christian Science—find safety, peace, calmness, protection. God is with us now. This fact has been plentifully proved through incidents of healing during the past century, and His power is being felt today. The kingdom of heaven is at hand, and the reign of harmony is established. How do we know? We can discern the signs of the times.

NAOMI PRICE

<sup>1</sup> Matt. 11:3; <sup>2</sup> *Science and Health*, p. xi; <sup>3</sup> Matt. 10:34; <sup>4</sup> *Science and Health*, p. 96.

## INTO LIGHT

When one looks back and wonders by what chance  
 Events took place—why one went here, not there,  
 Did that, not this—could choice or circumstance  
 Or locust years remodel character?  
 Was not the pattern laid, the purpose there,  
 Emerging slowly until clearly seen?  
 But seen most closely when in earnest prayer  
 One sought to know God's will, His purpose glean.  
 As Noah came to rest on Ararat,  
 Releasing tender charges with a sigh  
 Of heartfelt joy and praise, so answers thought  
 to God's "Go forth . . . be fruitful . . . multiply."  
 Leave doubt and darkness for the light of day—  
 Hearing a word behind you—this is the way.

FRANCIS FANSHAWE ALGIE



## Testimonies of Christian Science Healing

On a beautiful, sunny Saturday morning my husband and I decided to take a short flight around the area in our airplane. Upon our return to the airfield to land, another plane waiting for takeoff radioed that our right wheel was only one fourth of the way down. Our instruments showed no sign of trouble, so we had to pass the tower several times so they could tell us whether our adjustments had succeeded in releasing the gear.

As we circled the tower getting a negative response, my husband and I declared audibly to each other the truth as taught in Christian Science—that God is ever present and all-power. The only real action there is originates in Mind, so action must be harmonious and perfect. My husband switched from the electrical to a manual hand crank, but still the gear remained stuck. Our mechanic radioed suggestions, and an instructor who had taken to the air guided us in some maneuvers that they hoped would shake it loose.

Passing over the field, I looked down and saw the rescue units gathering below, but I felt completely at peace in the knowledge that God was in control. I knew no human conjectures about what should or could happen mechanically, or any probabilities, could interfere with the action of divine Mind.

It was then decided we should head for an unpopulated area and put the plane into some steep dives. As we slowly circled to gain more altitude, we spoke of the spiritual universe, that God was the doer, the creator and governor of all. Nothing truly had

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The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.

ever changed—God was still God. We were in the everlasting arms of Truth and Love. While the plane gained altitude, so did the level of my thought, until I was firm in the conviction there is really only one place—the kingdom of God. In truth we were already there, and we couldn't leave it. I felt such gratitude that my marriage partner was actively applying scientific spiritual truths along with me.

After three steep dives the instrument panel indicated nothing different, so we headed back to the airfield discussing which measures to take in a crash landing. This was all done without panic or fear.

Passing the tower we heard the words, "All gear in position for landing." Our gratitude to God was so great, it was difficult to respond immediately. Exactly when the wheel had come down we'll never know, but it gave us the needed clearance to land.

Upon impact with the runway the wheel collapsed, but as one witness later described it, "Things seemed to go into slow motion at that point." There was no fire, nor were we even shaken up.

After the deluge of news media people left, one spectator, a veteran flyer, said to me, "I followed you on my radio these past three hours. You never lost your cool, and that's the answer." Our "cool" was established on a daily basis through prayer; study of the Bible Lesson in the *Christian Science Quarterly*; our love for God, and gratitude for Christ Jesus, the Way-shower, and Mary Baker Eddy; and active church membership. It's good to be "prayed up" and ready. We're most grateful.

(Mrs.) CAROLYN HILL  
San Diego, California

I am happy to corroborate my wife's description of the airplane incident. We were led to do the right things not only in the air but also on the ground. Normally I release the flaps immediately after touchdown, but in this instance I left them in the activated position. On landing, as the right wheel collapsed, the plane continued down the runway on the nosewheel, left wheel, and right wing flap. Although the flap was damaged, there was no damage to the right wing, fuselage, or propeller. The overall damage to the aircraft was minor, and we were completely unharmed. Our gratitude to

God is continuous, since we know He maintains His creation harmoniously. Christian Science has taught us to keep our consciousness filled with the truth of man's relationship to God, and this truth does destroy fear.

CLAIBORNE G. HILL



I first heard of Christian Science toward the end of the Second World War. I bought *Science and Health with Key to the Scriptures* by Mary Baker Eddy and tried to read and understand it. But it made no appeal to me at that time. Twenty years later, however, when we had moved from London to a remote part of Cornwall, some friends of my sons came for a holiday with their grandmother. She was a Christian Scientist. When I remarked, "I've got that book somewhere," she said, "You should find it and read it, shouldn't you?" Which was just what I did. But now it was a very different story. I just couldn't bear to put it down. It was never closed. I read it at every opportunity, day and night, knowing nothing of the multitudes of blessings that were in store for me.

Great was my joy and amazement when, after only three months, I was able to discard glasses I had worn for over thirty years.

This was the first of many wonderful healings, and the truth of this promise has been proved over and over again (Mal. 3:10): "Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the Lord of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it."

At this time I was waiting to go into hospital for a major operation. But with the greater understanding I was gaining of God's healing law from *Science and Health*, I felt I need not have the operation. I sought out the friend who had obtained *Science and Health* for me years before. A copy of *The Christian Science Journal* was given to me, and I found her name in the list of practitioners.

I wrote, telling her of my renewed interest in Christian Science and of my wonderful healing of sight through reading the book, and I asked for her prayerful help. She replied joyously and gave

me for study Mrs. Eddy's answer to the question, "What is man?" Part of it reads (*Science and Health*, p. 475): "The Scriptures inform us that man is made in the image and likeness of God. Matter is not that likeness. The likeness of Spirit cannot be so unlike Spirit. Man is spiritual and perfect; and because he is spiritual and perfect, he must be so understood in Christian Science."

The healing came quickly, within two weeks, and when the summons came to go into hospital, I was able to reply saying the operation was no longer necessary.

I've learned that "divine Love always has met and always will meet every human need" (*Science and Health*, p. 494). Supply of all my needs has been demonstrated in a most wonderful way. I was able to visit The Mother Church in the Centennial year.

I'm more than grateful to God for Christ Jesus, our loving Saviour, and for Mrs. Eddy, who received from God this great revelation of Truth to the world. I am thankful for all the friends who have helped me along the way. It has been a great joy to serve as a Sunday School teacher, and now as First Reader in the Christian Science Society where I am a member.

(Mrs.) ELLEN M. HOWLING  
Crackington Haven, Cornwall, England



[Original in German]

Right from the start, in a visit with a Christian Science practitioner, the importance of daily study of the Bible Lesson in the *Christian Science Quarterly* was pointed out to me. I was instructed in the proper reading of the sections and was urged to persevere in the study. Today I am very grateful to the practitioner for this wise instruction. However, I only fully realized its importance at a time when, left to myself, I turned to the Bible, and to *Science and Health* by Mrs. Eddy, for help.

It was suddenly a joyous awakening to realize that the Christ, Truth, is daily speaking to us through the Bible Lessons. The Christ heals us, correcting errors of belief, in accordance with the divine law. The daily study of the Bible Lessons proved the truth



to be immediately applicable to all circumstances of daily life, and what is more, the lesson was helpful and useful in a completely individual and personal manner. We read in the Bible (John 5:17), "But Jesus answered them, My Father worketh hitherto, and I work," and in *Science and Health* (p. 377), "Remove the leading error or governing fear of this lower so-called mind, and you remove the cause of all disease as well as the morbid or excited action of any organ." In the same book she gives us the comforting assurance (p. 152), "Truth has a healing effect, even when not fully understood." Here I found courage to trust in God's healing power, and confidence in divine Love.

I tried applying my understanding of the Bible Lessons in daily life. Gradually I learned to understand myself better as an idea of divine Mind and to realize and affirm my identity as a reflection of the divine Ego—to claim this unity with Mind and expect evidence of the manifestation of Truth. I began to refuse to accept the suggestion of my environment, that man is a union of matter and spirit—a material creature, subject to sickness, lack, economic difficulties, liable to quarrels, tortured by stress, confronted with malice.

I began to rise above the unhealthy and false material concepts of circumstances, conditions, material form, race, and color, and to replace them with the true concept of man as the spiritual idea of God. In this connection, in addition to the study of the Bible and *Science and Health*, the other Christian Science literature was very valuable and useful to me. The blessings of divine Love were not long in coming. A surgical operation, considered to be necessary according to medical opinion, was avoided, painful difficulties of the digestive system were healed, human relationships were improved, the income of a free-lance profession was stabilized, suitable housing was found. Suddenly our children made noticeable progress in their schoolwork. A Christian Science Society assigned me to take care of a Christian Science display case, and I was elected to the executive board. I also twice have had the joy to help with the work of presenting a Christian Science lecture. There was no want of God's mercy.

I am very grateful to God, the Father-Mother Mind, that He causes those who search for Him to find Him. I thank Christ Jesus,

the Master, and his follower, Mrs. Eddy, for the infinite love toward humanity they expressed. My gratitude also goes to The Mother Church and its activities:

KARL-HEINZ HENSCHEL  
Sindelfingen, Federal Republic of Germany



Although I am a third-generation Christian Scientist, I became very lukewarm and apathetic toward this Science during my high school and university years. I suppose it had been too easy for me to turn to my mother or grandmother for help in prayer, and I had never really been challenged with a serious difficulty. As a result of a crisis when I was newly married, I felt literally forced back into Christian Science. Only then did I realize just what I'd been missing, and how wonderfully satisfying this religion is in every way.

I soon joined a Church of Christ, Scientist, and thereafter had class instruction. This instruction was the most rewarding and motivating experience of my life. It made my commitment to Christian Science total, and it brought the realization that no problem is too great for this Science to annihilate. Our teacher encouraged us to tackle problems ourselves before rushing to telephone Christian Science practitioners busy with those who perhaps needed their support and guidance more.

The year following class instruction I was able, most unexpectedly, to attend the Biennial College Meeting at The Mother Church. This was a deeply moving experience, which heightened and strengthened my dedication to Christian Science. During my absence, my husband, at that time a regular attendant of a church of another denomination, continued to leave our two small children at the Christian Science Sunday School. He then found himself staying for the service at our church, as it satisfied him more than his own. Since then social drinking has simply left him.

I have witnessed some outstanding healings through steadfast reliance on Truth. We now have four young children. When the third one was six months old, I woke up early one morning and felt impelled to check on him. When I picked him up, I found he was very cold and limp. I began vehemently claiming God's allness—

that He was the only Life there is and that the child was His perfect, innocent reflection. My fear was great. I declared to myself that "perfect love casteth out fear" (I John 4:18). As God is Love and God is All, there isn't any room for fear. I thought it best to put the child back into his bed, so that I would be less aware of the frightening picture as I continued to pray for him.

I went into the next room and began identifying our son as a child of God, pondering the seven synonyms for God that Mrs. Eddy gives us in *Science and Health*. They are: Soul, Spirit, Principle, Mind, Life, Truth, Love. After I clearly realized that God's love for the child and for me was greater than I could conceive, that it was infinite and ever present and that nothing could invade it, I felt a sense of peace come over me. I knew my prayer was complete and that my son was well. This proved to be the case. That morning he was completely normal.

Last year, while our seven-year-old daughter was practicing sack-racing for her school sports, she fell and hurt her arm. It assumed an odd shape, and she was unable to move it. My husband put it in a sling, as he thought this was the loving thing to do. I reminded the child that God is All. I spent that evening studying what Mrs. Eddy has to say in *Science and Health* about there being no accidents in God's kingdom. I understood that our daughter had nowhere to fall because God is all-presence and God is Love.

The following morning the swelling in the arm had subsided, and she was able to go to school without the sling. She was pleased that no one noticed the difficulty.

In the chapter "Christian Science Practice" Mrs. Eddy tells us that young children should be treated mainly through the thought of the parent (see *Science and Health*, p. 412). With this in view my prayer took a new turn. I claimed *my* inseparability from God, good, as well as our daughter's, realizing that my source of joy was never in person but was God, the Giver of all joy and happiness. There was never a break between God and His forever perfect idea, man. I continued praying along these lines, applying truths from the Bible Lesson in the *Christian Science Quarterly* and from articles in the Christian Science periodicals. In several days our daughter's arm was naturally straight and flexible, and it has given her no trouble since.

I am realizing that putting church before everything—obeying the *Manual of The Mother Church* by Mrs. Eddy, in all ways—brings the greatest joy, freedom, and protection. I would find it difficult to cope without Christian Science, and I am unspeakably grateful for it.

(Mrs.) SANDRA TREVOR-ROBERTS  
Kloof, Natal, Republic of South Africa



[Original in Spanish]

I want to take this opportunity to testify to a healing in Christian Science, not only in gratitude but also in wonder at this noble Cause. Since I am advanced in years, it was believed I wouldn't find employment. At one time I was very ill with a respiratory disease.

I had been praying with the inspiration of "the scientific statement of being" (*Science and Health* by Mrs. Eddy, p. 468): "There is no life, truth, intelligence, nor substance in matter. All is infinite Mind and its infinite manifestation, for God is All-in-all. Spirit is immortal Truth; matter is mortal error. Spirit is the real and eternal; matter is the unreal and temporal. Spirit is God, and man is His image and likeness. Therefore man is not material; he is spiritual." This statement has brought to me much spiritualization of thought. An understanding of it, as a clear statement of the premise of Christian Science, healed me of the respiratory ailment.

During this time I received word that I had been accepted as a member of The Mother Church. I felt great joy, which also contributed to my feeling of health and well-being. I found a good job, and when I was required to have a medical examination in connection with this employment, there was no illness found. I feel like a young man and am working with no difficulty.

I submit this humble testimony with gratitude to God for Christ Jesus, the great Master, and for Mrs. Eddy, who followed his commands and has given such effective means of healing to mankind.

CAMILO ARANGO  
Cali, Valle, Colombia



# Christian Science Lectures



Everyone is cordially invited to these free lectures.

‡ Indicates Children's Room available during lectures. Details should be obtained locally.

## ENGLAND

**CLEVELAND—Saltburn-by-the-Sea** (First, Middlesbrough): Zetland Hotel, Marine Parade, 7.30 p.m., Fri., June 17. "Dare to Care" (Houston)

## UNITED STATES

(Week of June 19 to 25)

**ARIZONA—Scottsdale** (joint lecture): See local notice for place. 8 p.m., Thurs., June 23.‡ "Life Without Lack" (Mondino)

**CALIFORNIA—Huntington Park**: Church, Gage and Rugby Aves., 8 p.m., Fri., June 24.‡ "Claim Your Real Inheritance" (Tuttle)

**La Jolla** (Fourth, San Diego): Church, 1270 Silverado St., 8 p.m., Thurs., June 23.‡ "Claim Your Real Inheritance" (Tuttle)

**Los Angeles** (Twenty-ninth): Church, 3669 W. 54th St., 3 p.m., Sat., June 25.‡ "Life Without Lack" (Mondino)

**Studio City** (Thirty-sixth, Los Angeles): Church, 4032 Whitsett Ave., 8 p.m., Tues., June 21.‡ "Claim Your Real Inheritance" (Tuttle)

**IDAHO—Sandpoint**: Community Hall, First Ave., 3 p.m., Sun., June 19. "Get Your Life in Balance" (Driver)

**ILLINOIS—Park Ridge**: Church, 330 Touhy Ave., 8 p.m., Thurs., June 23.‡ "Why Spiritual Healing?" (McClain)

**Rock Island**: Blackhawk State Park Amphitheater, Blackhawk Rd. and 15th St., 7.30 p.m., Thurs., June 23. "Responding to the Word of God" (Anwandter)

**MARYLAND—Bowie**: St. Matthew United Methodist Church, 14900 Annapolis Rd. (Rte. 450), 8 p.m., Thurs., June 23.‡ "Divine Love Is the Only Mind" (Crichlow)

**Westminster**: East Middle School, Longwell Ave., 8 p.m., Fri., June 24.‡ "Divine Love Is the Only Mind" (Crichlow)

**MASSACHUSETTS—Hopedale** (First, Milford): Memorial School, Adin St., 8 p.m., Mon., June 20.‡ "Spiritual Abundance Is God's Law" (Alton)

**Hyannis**: Church, Bearse's Way and Stevens St., 3 p.m., Sun., June 19.‡ "What's Your Greatest Need?" (Alton)

**MINNESOTA—Duluth**: YWCA, Trepanier Hall, 202 W. Second St., 8 p.m., Tues., June 21.‡ "Responding to the Word of God" (Anwandter)

**Minneapolis** (Fourth): Church, Park Ave. and 31st St., 3 p.m., Sun., June 19.‡ "Responding to the Word of God" (Anwandter)

**MISSOURI—St. Louis** (joint lecture): Ramada Inn-South, 6926 S. Lindberg Blvd., 3 p.m., Sun., June 19.‡ "Life Without Doubt" (Pike)

**NEW YORK—Garden City**: Church, 401 Stewart Ave., E., 3.30 p.m., Sun., June 19.‡ "Deathless Life" (Curtis)

**OHIO—Lancaster**: Holiday Inn, 1858 N. Memorial Dr., 3.30 p.m., Sun., June 19. "You're Someone Worth Knowing" (Pickett)

**Solon** (First, Chagrin Falls): High School, 33600 Inwood Dr., 7 p.m., Sun., June 19.‡ "There's Only One Real Ego" (Correll)

**OKLAHOMA—Tulsa** (First): Church, 924 S. Boulder Ave., 3 p.m., Sun., June 19.‡ "Life Without Lack" (Mondino)

**PENNSYLVANIA—Lansdale**: See local notice for place. 3 p.m., Sat., June 25.‡ "Divine Love Is the Only Mind" (Crichlow)

## CHRISTIAN SCIENCE SENTINEL

**TEXAS—Houston** (First): Church, Jefferson Ave. and Main St., 8 p.m., Mon., June 20.‡ In Spanish. "Life Without Lack" (Mondino)

**San Antonio** (joint lecture): First Church of Christ, Scientist, 501 N. Alamo, 7 p.m., Tues., June 21.‡ In English. In Spanish 8.30 p.m. "Life Without Lack" (Mondino)

**WISCONSIN—Manitowoc**: University of Wisconsin, 705 Viebahn St., 8 p.m., Mon., June 20. "Why Spiritual Healing?" (McClain)

**Milwaukee** (Second): Church, 2722 W. Highland Blvd., 3 p.m., Sun., June 19.‡ "Why Spiritual Healing?" (McClain)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]

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## SUBMITTING TESTIMONIES

Convincing testimonies of healing in Christian Science are welcomed for publication from members of The Mother Church and from students who are not members. If possible, they should be typed, triple spaced, on one side of the paper only and with wide margins. A testimony should be concise and include only the important points necessary to tell of the healings. Thus more testimonies can be published. Testimonies should be signed by the testifier and verified by three members of The Mother Church who can vouch for the integrity of the testifier or have witnessed the healings. If the testifier is unacquainted with three members, his affidavit may be sufficient, but in this case he should, if possible, obtain verification from one or two members. The testifier should submit the verifications with the testimony. Complete addresses of the testifier and his vouchers should be furnished.

All contributions accepted for publication become the sole property of The Christian Science Publishing Society.

Testimonies should be addressed to The Christian Science Publishing Society, Journal, Sentinel, and Herald Editorial Department, One Norway Street, Boston, MA, U.S.A. 02115.

## CONTRIBUTIONS

Contributions are most gratefully accepted by The Mother Church Treasurer from members and friends for the following funds:

- General Purpose Fund
- Fund for The Christian Science Monitor
- Charitable Institutions Fund
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- Translations Fund
- Fund for Developing Areas

Please make all checks payable to MARC ENGELER, Treasurer, A-72, The First Church of Christ, Scientist, Christian Science Center, Boston, MA, U.S.A. 02115.

## THE CHRISTIAN SCIENCE TEXTBOOK

*Science and Health with Key to the Scriptures* by Mary Baker Eddy is the textbook of Christian Science. It is available in English, in English-Braille, and in Danish, Dutch, French, German, Greek, Indonesian, Italian, Japanese, Norwegian, Polish, Portuguese, Russian, Spanish, and Swedish. It may be obtained from any Christian Science Reading Room, or ordered directly from MISS FRANCES C. CARLSON, Publisher's Agent, One Norway Street, Boston, MA, U.S.A. 02115.

## THE CHRISTIAN SCIENCE PERIODICALS

The following periodicals were founded by Mary Baker Eddy, the Discoverer and Founder of Christian Science, and are published by The Christian Science Publishing Society, One Norway Street, Boston, MA, U.S.A. 02115:

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**THE CHRISTIAN SCIENCE MONITOR** (regular daily edition): An international newspaper published daily, Monday through Friday, except legal holidays, in English; available to subscribers worldwide; \$45.00 a year, \$37.50 nine months, \$25.00 six months, \$12.50 three months, 25c a copy.

**THE CHRISTIAN SCIENCE MONITOR** (international weekly edition): An international newspaper published weekly in English; not available to persons living in the United States, Canada, or Mexico; \$37.50 eighteen months, \$25.00 a year, \$12.50 six months, 60c a copy.

You may subscribe for these periodicals directly from The Christian Science Publishing Society in Boston or obtain them from a Christian Science Reading Room in your community.



## CHRISTIAN SCIENCE PRACTITIONERS

Public practitioners of Christian Science are available and ready to assist you by prayer, if you need their help. A worldwide list of those who are professionally engaged full time in this healing work can be found in *The Christian Science Journal*. This periodical is obtainable at any Christian Science Reading Room. For a Reading Room in your locality see telephone directory.

## THE JOY OF BELONGING TO THE MOTHER CHURCH

The sense of wholeness that comes from an honest commitment to the things you believe in—this is one of the joys of belonging to The Mother Church.

You are warmly invited to apply for membership at any time. Applications are acted on twice each year—in June (applications due by May 1) and in November (applications due by October 1).

You may obtain an application from any Christian Science Reading Room, branch church or society, from a member of The Mother Church, or from a Christian Science practitioner listed in *The Christian Science Journal*. Or you may write directly to the Clerk of The Mother Church, The First Church of Christ, Scientist, Christian Science Center, Boston, MA, U.S.A. 02115.

## LECTURE NOTICE

Detailed information regarding lectures in the United States and Canada must reach the Journal, Sentinel, and Herald Editorial Department *nine weeks* before the week in which the lecture is to be given in order to ensure publication in the *Sentinel*. Information regarding lectures in other countries must reach the department *ten to fourteen weeks* before the week of the lecture. When lectures are to be radiocast, it should be so stated, station and frequency being included. When Children's Room facilities are to be available, this also should be stated.

The receipt of all information from the United States and Canada is acknowledged by the Editorial Department. If an acknowledgment is not received within two weeks, a duplicate notice should be forwarded.

For lecture announcements to be published in the *Herald*, please refer to information on the back of the Lecture Information forms supplied to branch churches.



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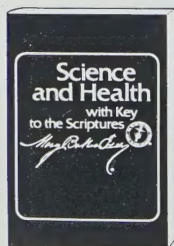
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